It is with great pleasure that I welcome all our returning and new students to the 2020-2021 school year here at Sessions Elementary. This year is going to look like no other, as we start off by opening the year in online learning format. While this is not what any of us have planned, our staff and teachers have been working hard behind the scenes to make this the best year yet. Sessions Elementary is an authorized International Baccalaureate (IB) World School and we are proud of the work that our students do to expand their minds and are going to be working hard to maintain that rigorous academic approach to learning that our students and families have come to know. As you and your students work through this year keep the IB Learner Profile in mind and know that we are focusing students to become – Communicators, Caring, Principled, Reflective, Knowledgeable, Balanced, Open-Minded, Risk-takers, Thinkers and Inquirers.

Thank you for your continued support of our school and we look forward to an excellent school year.

TRACEY MAKINGS, M. ED.
PRINCIPAL, SESSIONS ELEMENTARY SCHOOL
TMAKINGS@SANDI.NET

Back-To-School-Guide
San Diego Unified School District has created a back-to-school guide for students and families to know how school will return and what the current steps for online learning are and where to find certain resources. Take a moment with you and your family to review this guide: https://online.flippingbook.com/view/884625/

WELCOME BACK SEAHAWKS!
### 2020-21 Traditional Academic Calendar

**District Holidays, Non-Student Days**

Please plan vacations and appointments during these days.

<table>
<thead>
<tr>
<th>Month</th>
<th>Dates</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>August</td>
<td>31, First Day for Students.</td>
<td></td>
</tr>
<tr>
<td>September</td>
<td>7, Holiday: Labor Day</td>
<td></td>
</tr>
<tr>
<td>October</td>
<td>11, Holiday: Veterans Day Observance  23-27, Thanksgiving Break</td>
<td></td>
</tr>
<tr>
<td>November</td>
<td>21, First day of Winter Break</td>
<td></td>
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<tr>
<td>January</td>
<td>4, School Returns</td>
<td></td>
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<tr>
<td></td>
<td>18, Holiday: Martin Luther King Jr. Day</td>
<td></td>
</tr>
<tr>
<td>February</td>
<td>12, Holiday: Lincoln Day</td>
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</tr>
<tr>
<td></td>
<td>15, Holiday: Washington Day</td>
<td></td>
</tr>
<tr>
<td>March</td>
<td>29, Spring Break Begins</td>
<td></td>
</tr>
<tr>
<td>April</td>
<td>5, School Returns from Spring Break</td>
<td></td>
</tr>
<tr>
<td>May</td>
<td>28, Non instructional day</td>
<td></td>
</tr>
<tr>
<td></td>
<td>31, Holiday: Memorial Day</td>
<td></td>
</tr>
<tr>
<td>June</td>
<td>15, Last day of school</td>
<td></td>
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</tbody>
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**IB Learner Profile**

For more information please visit: https://www.ibo.org/

The aim of all IB programmes is to develop internationally minded people who, recognizing their common humanity and shared guardianship of the planet, help to create a better and more peaceful world.

**Reflective:**
We know what we do well and what we don't. We try to think about these things and make changes where we can.

**Open-Minded:**
We critically appreciate our own cultures and personal histories, as well as the values and traditions of others. We seek and evaluate a range of points of view, and we are willing to grow from the experience.

**Risk-takers:**
We approach uncertainty with forethought and determination; we work independently and cooperatively to explore new ideas and innovative strategies. We are resourceful and resilient in the face of challenges and change.

**Caring:**
We show empathy, compassion and respect. We have a commitment to service, and we act to make a positive difference in the lives of others and in the world around us.

**Principled:**
We have a sense of fairness and are honest with ourselves and with others. We have an understanding of moral reasoning.

**Knowledgeable**
We develop and use conceptual understanding, exploring knowledge across a range of disciplines. We engage with issues and ideas that have local and global significance.

**Inquirers**
We nurture our curiosity, developing skills for inquiry and research. We know how to learn independently and with others. We learn with enthusiasm and sustain our love of learning throughout life.

**Communicators**
We express ourselves confidently and creatively in more than one language and in many ways. We collaborate effectively, listening carefully to the perspectives of other individuals and group.

**Thinkers**
We use critical and creative thinking skills to analyze and take responsible action on complex problems. We exercise initiative in making reasoned, ethical decisions.
ONLINE LEARNING EXPECTATIONS

Getting ready for your class meeting:
- Make sure you have completed any pre-class preparation so you’ll be ready to learn!
- Work with your family to find a quiet space that won’t disturb other people in your house and won’t distract you from learning.
- What do you want to achieve today?
- Prepare your learning space. You want a clear workspace to write and work!
- Check to see that your first and last name are on the screen.

During class meetings:
- Listen carefully and ask questions!
- Use reaction buttons to let your classmates know when you agree or disagree and give thumbs up or a round of applause to encourage them.
- The hand raise button helps us all know when you have something important to say!
- When you are not speaking please mute your microphone.
- Turn off your cellphone and turn off notifications on your computer so you aren’t distracted.

At the close of the class meeting:
- Review the goals you set for the day. Did you achieve them?
- Ask clarifying questions so you can fully understand the learning intentions. Did you achieve the learning intentions?
- Make sure you know how to access assigned learning tasks to prepare for the next meeting.

Connecting Away From School
Internet (WiFi) access may be necessary for completing assignments.
- Connect to a home wireless network.
- Connect2Complete is a partnership with SDSU & Cox
- Apply for a hotspot by calling (619) 260-2460

DISTRICT PROVIDED LEARNING PLATFORMS
- canvas
- Google Classroom
- Seesaw

DISTRICT PROVIDED COMMUNICATION PLATFORMS
- zoom
- Google Meet

TECHNICAL SUPPORT
Troubleshoot the problem or ask your teacher!
https://drive.google.com/file/d/1-Syfm7PO_QkhTKLm86lhlVZ548UWCxv/view?ts=5ed7ebe1

LINKS AND RESOURCES
Parent Support: Conversations at Home

common sense
education

www.commonsensemedia.org

Learning with Technology
Privacy and Online Safety
News and Media Literacy
Social Media
Cyberbullying
Screen Time
Cellphones
Technology Addiction
Character Strengths & Life Skills

SCOPE & SEQUENCE OF LESSONS BASED ON GRADE LEVEL

Media Balance & Well-Being
Relationships & Communication
Privacy & Security
Privacy Cyberbullying, Digital Drama & Hate Speech
Digital Footprint & Identity
News & Media Literacy
**MEET THE TEACHERS**

### Kindergarten
- Dana Hamilton  - TK | Classroom #1
dhamilton3@sandi.net
- Joan Sanfilippo  - Classroom #19
jsanfilippo@sandi.net
- Jeff Corley  - Classroom #6
jecorley@sandi.net
- Nancy Peters  - Classroom #20
nmacmurray@sandi.net
- Lori Barker  - Classroom #7
lbarker1@sandi.net

### 1st Grade
- Lisa McDonald  - Classroom #9
lmcdonald3@sandi.net
- Carolyn Willis  - Classroom #8
cwillis1@sandi.net
- Ann Abuhl  - Classroom #3
aabbuhl@sandi.net

### 2nd Grade
- Yvonne Kenyon  - Classroom #10
ykenyon@sandi.net
- Megan Sussman  - Classroom #11
msussman@sandi.net
- Laura Carlson  - Classroom #12
lcarlson2@sandi.net

### 3rd Grade
- Darcy Finegan  - Classroom B4
(dlist@sandi.net)
- Laura Bennett  - Classroom B4
lbennett1@sandi.net
- Cindy McConnell  - Classroom #13
ccmcconnell@sandi.net
- Jennifer Deaton  - Classroom #14
jbarnes3@sandi.net

### Support Staff
- Rosemarie Cocco  - Ed. Specialist
rcocco@sandi.net
- Elizabeth Kasdan  - Ed. Specialist
ekasdan@sandi.net
- Sarah Fallin  - Ed. Specialist
sfallin@sandi.net
- Marissa Zepf  - Ed. Specialist
mzepf@sandi.net
- Kari Hanson  - Speech Pathologist
khanson@sandi.net
- Vicky Schwartz  - School Psychologist
vschwartz@sandi.net
- Keashonna Christopher  - Counselor
kchristopher@sandi.net
- Mary Gantz  - Nurse
mgantz@sandi.net
- Kate Zlatnick-Hess  - Military Counselor
l Emerson  - PE
lemerson@sandi.net
- Gabrielle Porkolab  - Spanish
gporkolab@sandi.net
- Jessica Cohen  - Librarian
jcohen@sandi.net
- Michaela Rankin  - Library Assistant
mrankin@sandi.net
- Cori Meara  - Art
cmeara@sandi.net
- Jeff Flanagan  - BSSIII
jflanagan@sandi.net

### 4th Grade
- Christine Gage  - Classroom B1
cgage@sandi.net
- Becky Kosen  - Classroom B5
rkosen@sandi.net

### 5th Grade
- Janice Hendricks  - Classroom #15
jhendricks@sandi.net
- Julia Moore  - Classroom B3
jmoore1@sandi.net
- Karen Tennen  - Classroom B3
ktennen@sandi.net

### GOALS FOR THE YEAR

**Set a goal! Work hard! Be proud! Fly your future!**

**My math goal for the year is:**

Three things I can do to work on my goal this year are:

1. 
2. 
3.

**My reading/writing goal for the year is:**

Three things I can do to work on my goal this year are:

1. 
2. 
3.

**My science/technology goal for the year is:**

Three things I can do to work on my goal this year are:

1. 
2. 
3.

**My personal goal for the year is:**

Three things I can do to work on my goal this year are:

1. 
2. 
3.